

BIBLE HERO'S

FAMILY DEVOTION - DAY 2

HERO : RUTH

SUPERPOWER: STRENGTH

Read Ruth 1:15-18

Have you ever wanted to have incredible strength, like a superhero? Superheroes don't just get to that place of strength easily. If you look back on their past, before being a superhero, most involve an event that hurt and changed them. If we look at Ruth in the Bible, she showed that superhero kind of strength too! But, how did she get there? Ruth suffered the loss of her husband, and she dropped everything she knew and went with her husband's mother to Bethlehem (where she would be an outsider). In the midst of her confusion and mourning, God led her to Boaz and other women who helped her out. Boaz showed her love and she found happiness and married to Boaz. Ruth is an amazing example of Biblical Strength. She may not have been able to leap tall buildings or bend steel bars with her hands, but the strength she had was greater. She was strong enough in her faith in God to trust His plan for her life even through extremely difficult times. Ruth only became stronger through her trials. Like a true superhero would.

SUPER BIBLE TIME:

What are some everyday things we could go through, like Ruth, that could impact our strength? What does God say?

- We face being confused.....God says, "Trust Me." Proverbs 3:5
- We face being hurt.....God says "I'm here for you." 2 Corinthians 12:9
- We face being sad.....God says, "Have a cheerful heart." Proverbs 17:22
- We may face being lost.....God says, "I am the way" John 14:6



PARENT: Tell your child to grab a blanket and help them tie it around their neck like a superhero cape. Tell your child to act out being a superhero and show you how strong they would be. Talk about how it would be great to have superpowers, but real strength comes from God. He will give us the strength to overcome whatever obstacle comes up in our lives that is difficult or hard to face.

When we don't feel strong, we can run to Him. He will help us!

PRAYER: Spend some time in prayer today asking God to reveal where you are strong and where you are weak. Thank Him for the weak moments that He comes in and makes you strong like a superhero.