



# JESUS SAID, "I AM"

## 7 DAY FAMILY DEVOTIONAL

### Day 2

## "I Am the Bread of Life"



Read John 6:35-48 together as a family.

While you were reading, you were probably wondering what Jesus meant when He said, "I am the bread of life," in verses 35 and 48. Well, Jesus then explains how whoever has a healthy relationship with Him and has faith in Him will never go hungry or thirsty. We as humans need bread and food to survive, right? Just like we need food, we need Jesus to survive! Physically, people eat and drink to keep their stomachs full so they will not be hungry. Spiritually, it's the same. We need a healthy relationship with Jesus to be Spiritually fed. We, as children of God, cannot survive, Spiritually, without Jesus. So what this means is that we should maintain and grow in our walk with Christ Daily!

### **BIBLE TIME:**

**Ways to maintain a healthy relationship with Jesus Daily:**

Never stop praying - 1 Thessalonians 5:16-18

Read the Word - 2 Timothy 3:16-17

Worship Him - Romans 12:1

Be Righteous - Psalm 68:3

### **PARENTS:**

Let's make a snack! Provide your children with bread, sugar, cinnamon, and butter.

As a family, make Cinnamon Sugar bread by putting the ingredients together and setting them in a toaster oven or in the oven on Broil until the butter is melted and the bread is toasted just like you like it. Talk about what you discussed today about Jesus being the Bread of Life. Then, enjoy a great snack together as a family.

### **PRAYER:**

Pray together as a family thanking Jesus for being our bread of life and asking Him to never let us forget that we need Him. Ask Him to help you get a schedule to consistently stay in the Word and do what we can to feed our selves Spiritually.